



COLLEGE OF AGRICULTURE & LIFE SCIENCES

# Cooperative Extension

Pima County – Family Engagement Program

UA Family Dinner Series for families with children aged 0-5



## CHILD BEHAVIOR MANAGEMENT: AVOIDING PARENT TRAPS

**Eight Wednesday sessions from 1000 to 1200 hours starting Wednesday, August 24**

Participation in sessions 1-4, which discuss managing misbehavior and positive behavior techniques, is required for graduation: 8/24, 8/31, 9/7 and 9/14. Participation in sessions 5-8 is optional but encouraged for more in-depth information on dealing with the stressors of parenthood: 9/21, 9/28, 10/5 and 10/12.

Located at the Airman & Family Readiness Center

To register for *FREE* this training, contact Greg Pleasant: [gregory.pleasant@us.af.mil](mailto:gregory.pleasant@us.af.mil) or 520-228-5690

**Learn why children behave the way they do;**



**How to teach new skills and encourage good behavior;**



**Tools to manage misbehavior and build positive routines;**



**How to identify and avoid parent traps; and**



**Techniques for recognizing and coping with anger**

**Free child care and lunch provided for the whole family!**



**All families with perfect attendance will be entered into a raffle for free toys!**

